

# TECHNOLOGY CONTRACT



**-I understand that the use of technology is a privilege, not a right**

**-if I fail to respect the following rules, I will be subject to consequences, which may include losing access to this technology.**

**-This agreement is in place for my own well-being and safety**

*Sometimes, it is good to have limits!!*

**With the above in mind, I agree to the following:**

- Other than for work or school purposes, I agree to only use technology for \_\_\_\_ hours on a weekday and \_\_\_\_ hours on a weekend.
- All technology will be shut off (and turned in to my parent(s), if applicable) by \_\_\_\_ on weeknights, and \_\_\_\_ on weekends.
- My parent(s) will have my password(s) in order to access and monitor my activity on all devices I use to ensure my safety. It is my responsibility to keep my parent(s) updated with my current password(s).
- I will not use profanity, sexually explicit language, or any other inappropriate language as defined by my parent(s). I will not send/post inappropriate, hurtful or threatening messages.
- I will not send, share or otherwise transmit pictures of myself or anyone else which I would be embarrassed if my parent(s) or other trusted adult were to see them on my phone. If someone sends me a photo meeting this description, I will tell my parents immediately with the understanding that I will not get in trouble.
- My parent(s) can and will monitor all use of technology within the house, and are able to access my accounts and devices at any time.
- If someone is being mean or inappropriate to me or someone else while I am using technology, I will not respond and then I will tell my parents immediately with the understanding that I will not get in trouble.
- I will follow the privacy settings determined by my parent(s), and will not communicate with anyone I do not know. If someone contacts me who is not approved or I do not know, I will talk with my parent(s) before communicating with that person.
- I will not publicly post any of my personal information. Personal information includes, and is not limited to: my last name, address, phone number, name of my school and/or information about my family members.
- I will check with my parent(s) before downloading any software or apps.
- I will not lie about my age in order to access apps or websites.
- Until my parent(s) approve it beforehand, I am allowed to play only video games and/or mobile game apps with a rating of: \_\_\_\_E \_\_\_\_E10+ \_\_\_\_T \_\_\_\_M
- If my device is broken, damaged or lost, it is my responsibility to replace it.

Child Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This agreement will be reviewed as deemed necessary and changes made accordingly.